

MEET THE TEAM
AUTISM DIAGNOSTIC SERVICE
AUTISM RESOURCE CENTRE, PETONE WELLINGTON NZ



From Left: Bailey Trower, Judi Barnao, Kate Garland, Michelle Stevens, Julie Hook

Judi Barnao – Lead Psychologist

Tēnā koutou katoa
No Te-Whanganui-a Tara au
He Kaimahi hinengaro au i Autism NZ
Ko Judi barnao ahau
Tēnā tātou katoa

Kia ora, I was born and bred in Wellington and have raised my family here, who are now all adults. I enjoy walking around the beaches and hills in Wellington, playing tennis, reading and spending time with my friends and family. I have been a practicing psychologist for over 10 years and have worked in a variety of settings including education, health and disability, mental healthcare and community family support. I have been privileged to have a range of experiences with neurodiversity and I have immensely enjoyed providing support for neurodivergent individuals and their whānau.

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Kate Garland – Educational Psychologist

E ngā mana
E ngā reo
E ngā karanga
Maha o te wā
Tenā koutou katoa
Ko Tararua ngā pae maunga
Ko Manawatu te awa
Ko Garland te iwi whānau
Ko Pakeha te iwi
Nō te Papa-i-oea au, e nohu ana ahau ki Pōneke inaianei
Kei te Autism New Zealand au e mahi ana
He kaimātai hinengaro tōku tunga mahi
Ko Kate tōku ingoa
No reira, tēnā koutou, tēnā koutou, tēnā koutou katoa

Kia ora, I grew up in Palmerston North and have lived in Wellington for over 25 years, so I call the lower North Island home. I have two teenage children who keep me busy as a parent taxi. My personal interests include reading, vintage shopping and gardening. I retrained as an educational psychologist after a career in health policy. I especially enjoy working with neurodivergent people and their whānau to support their wellbeing, and access to health and education.

Michelle Stevens – Speech Language Therapist (SLT)

Ko Blueridge te maunga
Ko Potomac te awa iti
Nō Washington DC ahau
Ko Snead toku whanau
Ko Johnsonville toku kainga inainei
Ko Michelle Stevens toku ingoa

Kia ora, I came to New Zealand after gaining my Master's in Speech Language Therapy at San Diego State University. I completed my PhD at Victoria University looking at alternative forms of communication in children. My passion is working with autistic individuals to maximise their unique skills and capabilities and their self-identity. I identify as neurodivergent with a recent diagnosis of ADHD, and have three children, two of which also identify as neurodivergent.