

LGBTQIA+ Terminology



Gender



Agender

'Lack' of gender. Agender individuals don't identify with any gender, or have very minimal experience of gender.

Cisgender

Not transgender. i.e. Cisgender individuals gender identity aligns with the sex they were assigned at birth.

Cisnormativity

The idea that cisgender is the 'correct' or 'normal' way of existence and anything else is wrong or abnormal.



Demiboy

Partially identifies with the male gender. Individuals don't completely relate to the concept of being a male.



Demigirl

Partially identifies with the female gender. Individuals don't completely relate to the concept of being a female.

Gender

Social, cultural, psychological and physical expressions of one's association with male or female identity, or lack thereof.

Gender diverse

Expression or identity of various genders beyond the binary norms.

Gender dysphoria

Discomfort or distress resulting from a disconnect or mismatch between physical characteristics, or assigned sex/gender, and one's own sense of gender identity.

Gender euphoria

Joy, satisfaction or relief resulting from alignment or correspondence between physical characteristics or gendered experiences, and one's own sense of gender identity.

Gender fluid

A gender identity that may change and fluctuate over time or in different situations.

Genderqueer

Any gender identity that does not fully align with the binary norms.

Intersex



People who are born with characteristics that do not fit into the binary categories. This may be a combination of reproductive organs, genitals, hormones, chromosomes, etc.

Non-binary



Someone who considers themselves neither male nor female. Someone who falls outside the gender binary.

Transfeminine

A person who was assigned male at birth but identifies or presents more as female than male. This can include non-binary or gender fluid individuals.

Transgender



When a person's gender identity differs from the gender/sex they were assigned at birth.

Transmasculine

A person who was assigned female at birth but identifies or presents more as male than female. This can include non-binary and gender fluid individuals.

Trans man

A person who was born female but identifies as a man.

Trans woman

A person who was born male but identifies as a woman

Sexuality



Abrosexual

Sexuality fluctuates or changes between different sexualities.



Asexual (Ace)

No (or very little) sexual attraction to anyone.



Bisexual

Attraction toward more than one gender.



Demisexual

Only experiencing sexual attraction after developing a closer or emotional relationship with someone.



Gay

Attracted to someone of the same sex (typically referring to two men).

Heteronormativity

The idea that heterosexuality is the 'correct' or 'normal' way of existence and anything else is wrong or abnormal.

Heterosexual

Attracted to a person of the opposite sex.

Homosexual

Attracted to a person of the same sex.



Lesbian

A woman who is attracted to people of the same sex.



Pansexual

Attraction to people of any or all genders.

Other



Aromantic (Aro)

No (or little) romantic attraction to anyone.

Pronouns

A word that is used in place of a noun to refer to oneself or another being (e.g. 'I', 'you', 'she', 'he', 'they').



Polyamory

Romantic relationships with more than one partner.