

Accessing Genetic Testing

How do I access genetic testing if I think it is right for me?

We recommend reading our [Genetic Testing](#) resource to understand the risks and benefits and help determine whether genetic testing is right for you.

Recommended process if an autistic person or caregiver of an autistic child is considering genetic testing:

During or after your diagnostic assessment (via psychological assessment) you can ask the diagnosing clinician about the suitability of genetic testing.

- If the diagnosing clinician is a medical specialist (e.g., paediatrician or psychiatrist) they can arrange/refer for genetic testing if appropriate.
- If the diagnosing clinician is not a medical specialist (e.g., psychologist) then then they can refer to a medical specialist or your GP can arrange/refer for genetic testing if appropriate.

Genetic testing for autism is not typically publicly funded in Aotearoa New Zealand.