

TILTING TOGETHER

The Tilting the Seesaw for Teams Newsletter

IN THIS ISSUE:

- Success stories from the classroom
- Website Update
- Resources Box
- Top Tips

WELCOME TO TILTING TOGETHER!

Let's get started

It's hard to believe that we've already run our first months of Tilting the Seesaw for Teams! Autism New Zealand has delivered education programmes nationwide for many years, but this is a new course with new content and a new structure, which so far has been a roaring success!

There's something really special about seeing a group of people working so hard and with such passion to support one child. It has been such a joy to meet so many passionate parents and professionals, doing all that they can to create change - first for one child, and then for their school community.

We know that attending a programme like this can sometimes be an act of bravery. It can hard to be vulnerable and to be open. It can be hard to take on new knowledge, and to confront the challenge of turning that knowledge into action. Maybe Tilting the Seesaw for Teams was your Dark Alley.

So this is a thank you: thank you for letting us be part of your journey. Thank you for caring. Thank you for your passion, your time and your dedication.

We see you. And we're grateful.

STRATEGIES FOR SUCCESS

Necessary for One - Great for All!

A success story from a teacher attending Tilting the Seesaw for Teams

"Since coming back from the course I've implemented two ideas that I've already seen working well. Firstly, I introduced books with social stories straight away. Before attending the course I hadn't heard of them before... So far I've had success and now have a student who sits on the mat with the rest of the class.

A praise book was the other idea I've put into place. Last week I praised my student on how well he sat during school Mass. I then talked to him after about him being able to do this without dad. Today we had huge success in Church. He sat with me in Church for the first time. Not for the complete time, but he explained next time he will try for 5 minutes more. I was able to write this in his praise book and praise him in front of other class members.

With another student I've tried comic strips to explain how he felt in a social situation. Even though my drawing skills and below average I'm happy to say that my student didn't mind at all and happily wrote in the bubble what he was thinking. I was then able to go through this and explain why another student reacted the way they did.

Drawing has quickly become my magic trick in a class with many learning needs. Thank-you so much for all the ideas, support and understanding."



Remember:
Words are like steam.
Once they're said, they
evaporate. How can we
communicate visually?

Top Tip

Don't forget the

Rule of Five!

Say only five
words

Wait five seconds

Repeat the same
five words

Thinking
Takes Time



RESOURCE BOX

One of the main questions we encounter is how to talk about neurodiversity within the school environment. Check out these great options which may be a good start in your home, school or classroom

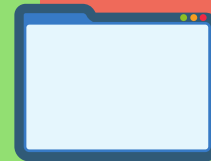


Amazing Things Happen
YouTube
<https://www.youtube.com/watch?v=RbwRVw-CR0&t=15>

Website Update

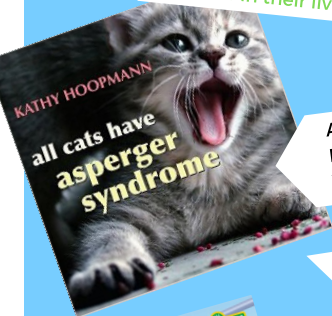
We are excited to announce that our brand new Tilting the Seesaw for Teams website is live and ready to go! You will soon receive an email with login details. If other members of your team have received the email and you haven't, please contact:

training@autismnz.org.nz

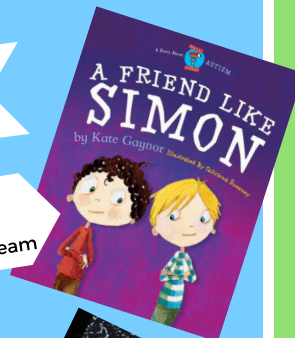


BOOKS

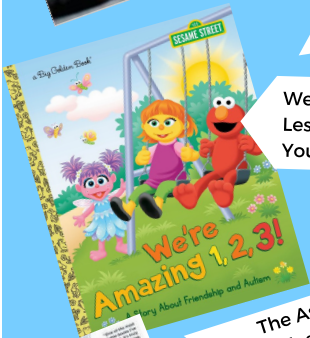
Check out these books about autism, some for younger readers and some for adults in their lives



All Cats Have Asperger Syndrome
Kathy Hoopmann
Younger Readers



A Friend Like Simon
Kate Gaynor
Younger readers, good for mainstream



We're Amazing 1,2,3!
Leslie Kimmelman, Mary Beth Nelson
Younger Readers

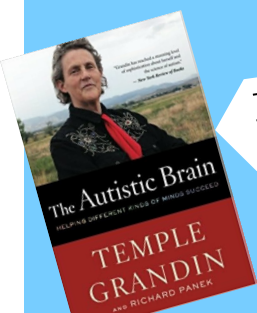
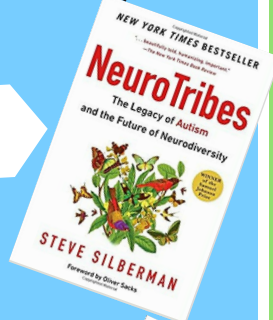


The Asperkid's (Secret) Book of Social Rules - Teen and Tween Readers
Jennifer Cooke O'Toole, Brian Bojanowski



NeuroTribes
Steve Silberman
Adult Readers

The Reason I Jump
Naoki Higashida
Older - Adult Readers



The Autistic Brain
Temple Grandin
Adult Readers

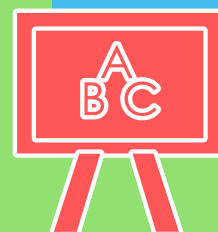
Look Me in the Eye
John Elder Robison
Adult Readers



Tell Us Your Success Stories!

We would love to hear if something you learned on one of our courses is going well. It also helps other participants with ideas and confidence to give things a go! If you've had a success, please tell us about it! You can email your story to:

training@autismnz.org.nz



AUTISM_{NZ}
Every step together